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CS\_301\_05\_1

Allergen Database Meeting Notes

Record of type ( type of allergen: food (animal/plant), insect, venom/salivary, fungus, bacteria, misc.

Food (animal) allergen:

* Dairy
* Egg
* Seafood(fish/crustaceans)
* Meat (beef/chicken/pork/lamb)

Food (plant) allergen:

* Soya
* Sesame
* Gluten/Wheat
* Nuts
* Celery
* Mustard
* Lupin

Insect:

* (Venom) Bees/Wasp/Hornets/Fire Ants/Yellow-jacket
* Bedbugs/fleas/Mosquitoes (salivary)/kissing bugs/ticks
  + Lone star tick can cause people to develop an allergic reaction to meat
* Roaches/Dust Mites

Fungal:

* Mold
* Mushroom

Bacterial:

* Pollen
* Dust

Symptoms of allergy:

* Main common symptoms:
  + Sneezing/Itchy, runny or blocked nose
  + Itchy, red, watery eyes
  + Wheezing/chest tightness/shortness of breath/cough
  + Raised, itchy, red rash
  + Swollen lips, tongue, eyes or face
  + Tummy pain/feeling sick/vomiting/diarrhoea
  + Dry, red and cracked skin
* Severe symptoms (anaphylaxis):
  + Swelling of the throat and mouth
  + Difficulty breathing
  + Lightheadedness
  + Confusion
  + Blue skin or lips
  + Collapsing and losing consciousness
  + REQUIRED MEDICAL EMERGENCY IMMEDIATE TREATMENT
    - MAY DIE IF NO TREATMENT